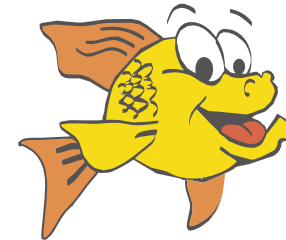




Swim Fit Swim School Learn to Swim Program



Goldfish B

In this level I have learnt how to:

- Be water confident
- Go underwater
- Blow Bubbles
- Pull myself out of the pool
- Float on my back with a bit of help
- Kick and paddle with help
- Kick on a board with help
- Swim back to the side all by myself
- I am ready to move up to the next class!

Date: _____

Teachers Name: _____